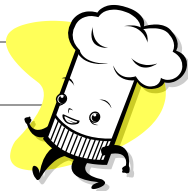

Shepherd's Pie – serves 4



Ingredients:

1lb	Ground beef
1	Small Onion chopped
1 pack	Frozen peas and carrots (large pack)
1 pack	Beef stew mix
2 cups	Water
3 cup	Mashed potatoes

Directions:

Set oven at 400F. Brown beef and onion in a pan, drain grease. Using a 2 ½ qt casserole dish. Stir in stew mix, peas and carrots and water. Simmer about 3 to 5 minutes. Spoon into casserole dish. Cover with mashed potatoes. Cook for 20-30 minutes or until mashed potatoes turn brown.