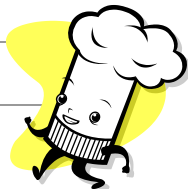

Mable Baked Apples – serves 4

Ingredients:

4	Cored large apples
4 tbsp	Brown sugar
1 tsp	Cinnamon
4 tbsp	Dried cranberries
4 tbsp	Chopped pecans
1	Lemon or some lemon juice
2 cup	Maple syrup



Directions: Set cored apples in baking dish and fill each with brown sugar, cinnamon, cranberry and pecan mix. Drizzle lemon juice and ½ cup of maple syrup on each. Bake at 375F for 45 minutes. Serve each alone or with a scoop of vanilla ice cream.